

2001 California Dietary Practices Survey

Table 48: Consumption of Soy Products

Question: Yesterday how many times did you eat soy products, such as soy beans, soy burgers, tofu, soy cheese, or soy milk?

	Percent Ate Soy
Total	12
Sex	
Males	12
Females	13
Males	
18 - 24	15
25 - 34	11
35 - 50	9
51 - 64	16
65+	12
Females	
18 - 24	8
25 - 34	11
35 - 50	15
51 - 64	10
65+	19
Ethnicity	
White	13 **
Hispanic	8
Black	11
Asian/ Pacific Islander	24
Education	
Less than high school	9 *
High school graduate	9
Some college	14
College graduate	15
Income	
Less than \$15,000	11
\$15,000 - 24,999	13
\$25,000 - 34,999	16
\$35,000 - 49,999	12
\$50,000+	12
Physically Active	
Did not meet recommendations	10 **
Met recommendations	15
Overweight Status	
Overweight/Obese	10 ***
Not overweight	15

A box around a group of numbers signifies that differences observed within this group are statistically significant.

Chi square test:

* $p < .05$

** $p < .01$

*** $p < .001$